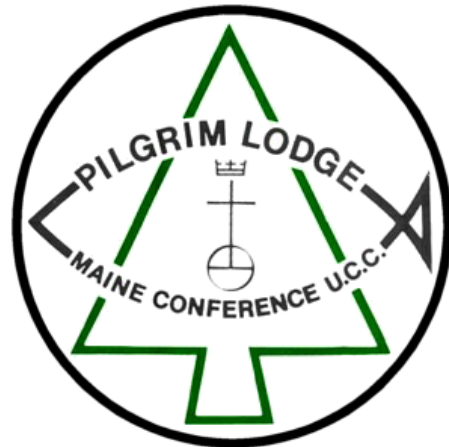


# Pilgrim Lodge

## 2008



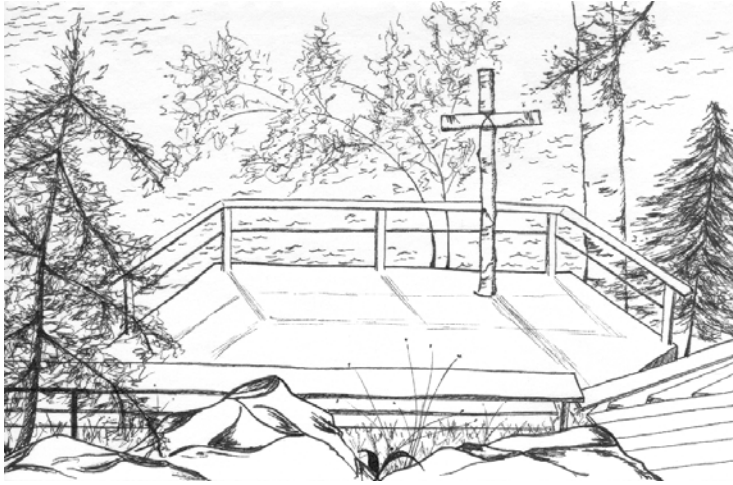
## Family Camper's Guide

This guide is for people attending Family Camp, Grandparents and Grandchildren Camp, Rainbow Family Camp, and a Day at Camp

There are other guides: one for those attending adult camps, and one for parents sending their children to youth sessions.



PILGRIM LODGE



Greetings Campers!

Thank you for considering attending one (or more) of our family events this summer. I hope this is a time for your family members to grow in faith and in closeness to one another. This guide has been developed to help prepare for your time at Pilgrim Lodge. It is very

important that you take some time to sit down and read it carefully before registering for camp. This will help you and your child know what to expect and will help prevent miscommunications on policies and procedures when camp time comes. We are always looking to improve our program and communication so if you have any suggestions please do not hesitate to contact me, or any member of the Outdoor Ministry Committee.

If you will be sending a child to a youth camp be sure to download or request our parent's guide. If coming to an adult camp download or request an adult camper guide. Thank you, and please remember PL in your prayers for a safe and meaningful summer.

Faithfully,

Rev. Bryan S. Breault  
Director of Outdoor Ministries  
Maine Conference, United Church of Christ

Pilgrim Lodge  
Bryan Breault - Director  
103 Pilgrim Lodge Lane  
West Gardiner, ME 04345  
207-724-3200  
bryan@pilgrimlodge.org  
www.pilgrimlodge.org

**Registration questions:**  
Cathy Croudin - PL Registrar  
PO Box 966  
Yarmouth, ME 04096  
207-846-5118  
(within Maine: 1-800-244-0937)  
[cathycroudin@maineucc.org](mailto:cathycroudin@maineucc.org)

## CHANGES FROM PREVIOUS YEARS

### **Pilgrim Lodge is now accredited by the American Camp Association!**

**On-line Registration:** Starting March 15 parents can register their campers online using a credit card. In addition you can set up your store/mission account, and make a donation. The first time you go to register you will set up a family account and establish a user name and password. Your information is professionally secured and never sold or given away. We hope to use email to send letters and invoices, cutting the cost to administrate camp. **Family Camps have two separate fee structures**, one for children and one for adults, so you must be sure to register children for the 'children's event' and adults for the 'adult's event.' These are the same events and you will be housed together in the cabin but it ensures you will be charged the proper amount for each child. Go [www.pilgrimlodge.org](http://www.pilgrimlodge.org) or call 207-724-3200 for instructions.

**Paper Registration:** Those who choose not to make use of the on-line registration option can still register with paper. The registration materials are not included in this year's camp brochure, however a form can be found in this guide on page 9. Please contact us using the contact information on page 2 if you have questions.

**Health Forms:** We've tried to clear up the question of who needs what on the health form. See page four.

**Password Protected Photos:** In the interest of children's security, (and because of new laws to protect children) you will have the opportunity to set up an account for \$10 that will generate a password to access the on-line photos of your children at camp and send them email. You will also have an opportunity to purchase prints of the photos if you choose. This new system will allow us to post **many more photos** than in previous years. CD-roms will still be available from the camp store. You can set up a photo/email account without using the on-line registration but you will need a credit card to do so.

**E-mail to campers** will now be in the form of "Bunk Notes." After setting up your photo/email account for \$10 (see above) you will be able to purchase 'bunk note credits.' Each morning, the Bunk Notes system bundles and sorts the messages for us to print out and distribute to campers. It also protects us from computer viruses and allows us to easily manage these emails. Your payment helps us cover the cost of the system, paper, ink, and labor and, more importantly, frees us to do what we do best – be with your kids! Bunk Note credits cost \$1 each and are purchased in packs of various sizes. PL was among the first to offer email to campers but after multiple viruses and increasing costs we are converting to Bunk Notes. You are no longer limited to one email a day.

**Addition To The 'Bring' List:** We ask that everyone bring a sturdy, reusable water bottle with their name clearly written on it in permanent marker.

**No more address lists:** Due to increasing issues of information sharing, we will not distribute lists of camper's addresses. We will distribute a list of camper's names by cabin. Campers



## IMPORTANT INFORMATION

**Payment & Refunds:** A non-refundable deposit of \$75 (or other amount if indicated) is required with the initial registration. The balance is due two weeks before the start of the event. **We no longer accept payment at camp.** If payment is not received on time, campers may forfeit their spot to others on the waiting list. Campers with open invoices from previous years will not be allowed to register until such invoices are paid. If a camper withdraws one week or more before the start of a session the deposit will be forfeited, while any additional payments that have been made will be refunded. If a camper withdraws less than one week before the start of a session the parent (or adult camper) will be responsible for the full camp fee; no refunds will be made. **There is no refund for campers sent home for illness, homesickness, injury or discipline.**

**Behavior:** Certain behaviors which are deemed inappropriate, may result in a camper being sent home and the camper's minister being notified. These behaviors include, but are not limited to, fighting; hitting; biting; stealing; destruction of, or intrusion into, another's property; threatening another; defying a counselor or dean; refusal to eat; wandering from established program areas; sexual activity; possession or use of alcohol or drugs, possession or use of weapons, alcohol, or illegal drugs. Any camper sent home will be reaccepted for an Outdoor Ministries event only after consultation with the Outdoor Ministries Committee and the Director of Outdoor Ministries.

**Supervision of Children:** During family camp events are designed to be time for families to be together. As such, adults are responsible to supervise the children they have brought with them. There may be occasions when the camp staff organizes activities and will make it clear that it's OK for adults to send children without attending themselves. At the conclusion of such events, adults will resume supervision. Children are not to be allowed to wander the camp without adult supervision.

**Waterfront and Boating:** Swimming and boating are only allowed when the waterfront is opened by the Pilgrim Lodge lifeguard. Under no circumstance are children or adults to swim anywhere on the lake except on the waterfront with a Pilgrim Lodge lifeguard present. The waterfront is only open during daylight hours.

**Health Form Requirements:** The health forms are available online or by calling (207) 846-5118.

### **Who needs what form?**

#### **Grandparent's Camp:**

**Minors** need **FORM 1** completed by PARENTS not grandparents and **FORM 2, including a doctor's signature.** **FORM 3**, signed by a doctor and parents is needed if the child carries an inhaler or epi-pen on his or her person. If your grandchild has a form on file signed by a physician in 2007 or 2008, we can use that form, just give us a call at 207-724-3200. Mail two weeks prior to camp.

**Adults** complete a single page **FORM 4.** No doctor's signature is needed. You can fill this out prior to camp or when you arrive at camp. Mail it or bring it with you.

#### **Day at Camp:**

no forms needed unless you are bringing a minor that is unaccompanied by a parent or legal guardian. If you are bringing a minor that is unaccompanied by a parent or legal guardian, have the parent or legal guardian complete and sign form 1, and if necessary form 3. Ignore forms 2 & 4

#### **Rainbow Family Camp and Family Camp:**

No forms needed unless you are bringing a minor that is unaccompanied by a parent or legal guardian. If you are bringing a minor that is unaccompanied by a parent or legal guardian, that child needs **FORMS 1, and 2,** (and 3 if he or she has carries and inhaler or epi-pen) with appropriate parent and doctor's signatures.

**Open Registration:** Rules concerning acceptance and participation in all Maine Conference Outdoor Ministries events are the same for everyone without regard to race, color, sexual orientation, gender, or national origin.

**Insect Repellent and Sunscreen:** Lyme Disease and other insect-borne illnesses are a risk in any outdoor activity in the state of Maine. Campers need to bring and apply appropriate, non-aerosol insect repellent. There have been cases of Lyme Disease allegedly contracted at Pilgrim Lodge. Exposure to the sun also carries risk. Campers need to bring and apply sunscreen with an SPF factor of at least 30 before outdoor activities.

**Smoking:** Events sponsored by the Outdoor Ministries Committee are smoke-free.

**Alcohol and Drugs:** Alcohol and other drugs are not permitted at Pilgrim Lodge or Outdoor Ministries events. Drugs include inhalants such as gas or glue and the misuse of over the counter or prescription medicine. Anyone using or possessing alcohol or illegal drugs will be sent home immediately and the camper's minister will be notified. All prescription & nonprescription drugs must be given to the nurse at registration.

**Fireworks:** Fireworks are not permitted at Pilgrim Lodge or at Outdoor Ministries sponsored events. Anyone using or possessing fireworks will be sent home immediately and their minister will be notified.

**Scholarships:** Scholarships are available from the Maine Conference UCC for members of Maine Conference UCC churches. Application for scholarships are available online or by request (see the contact information on page 2 of this guide). All applications must be mailed to the Yarmouth address. In addition, many local churches have their own camp scholarship program. Please ask your pastor if such a program is available in your church.

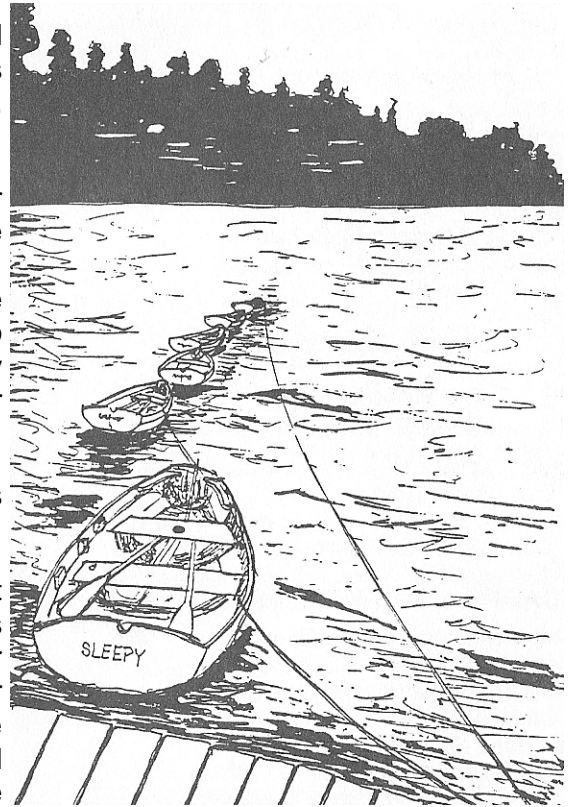
**Publicity:** Photographs taken of campers may be used for promotion by the Maine Conference, including, but not limited to: future camp brochures, promotional slide shows and video presentations, and the Pilgrim Lodge website. Children's names are not listed with their photos.

**Visitation:** Parents, family members and friends of campers who are not registered for the event are cordially invited to visit during registration and departure only. At other times campers will be fully occupied and family and friends are asked to please refrain from visiting or calling by telephone.

**U.S. Mail to campers:** Letters from home are encouraged. Please keep letters upbeat and do not focus on how much you miss your camper. Do not mail candy or food. Do not send any mail after Thursday's pickup. Address letters this way:

**Camper's Name, Cabin # [camper's cabin number]**  
**Name of session (ie: "Arts Alive")**  
**Pilgrim Lodge**  
**103 Pilgrim Lodge Lane**  
**West Gardiner, ME 04345**

**E-mailing campers:** See page 3 of this guide for information on new emailing procedures.





**Cell Phones:** Disconnecting from the world of electronics is a necessary part of camp community building. **Children and Youth:** Youth campers are not allowed to possess cell phones or other forms of electronic communication at camp and may be sent home if found possessing a cell phone. Please don't give your child permission to break this rule: it is a confusing message and a precedent about how other rules apply to them.

**Adults:** We recognize that adults may have family and business requirements that require them to make contact. Please do not use your cell phones in the company of others. Please set your phone to vibrate or silent if you must carry it with you. If you must carry your phone with you, please let voice mail answer the phone and retreat to an isolated place to check the message and return the call. The best option is the leave the phone at home. The next best option is to turn it off, leave it in your belongings at camp and check it occasionally or use it only if need be. Third, if you must carry the phone with you at camp, please honor the above guidelines.

**Phone Calls:** Phones are available for use by campers only in case of emergency. The office phone number is 207-724-3200. If the office is closed and **IN THE EVENT OF EMERGENCY ONLY** you may call 207-724-3300. Please do not call this line for administrative or non-emergency reasons.

**Camp Store, Mission, and Store Accounts:** The camp store sells postcards and stamps, Pilgrim Lodge T-shirts, hats, and flashlights, memorabilia, and necessary items such as toothbrushes, and film. All Pilgrim Lodge wear is certified sweat-shop and child labor free!

All proceeds from the Pilgrim Lodge store go directly to support the ministry of Pilgrim Lodge. No cash is accepted at the store during the week. Parents set up camper store accounts online, or upon arrival. The account is drawn down during the week. On Saturday you will receive any change due or, if the account is opened online, it will be credited back early the next week. During the week the store will open once a day for ice-cream sales (75 cents per cone) and once a day for other items. During the week campers will be presented with information on the camp's mission project and will be invited to make an offering to the project from their store accounts.

**Pre-camp Visits** Parents concerned that their child is nervous or may become homesick can do some things to help the child prepare for camp. A visit to camp ahead of time is the best way for a child to know what to expect. Please call before you visit. Coming to camp with a friend is another good idea (although we do not house friends in the same cabin).

**Group Photos:** Every camper will receive an 8X10 photo of all the people in their camp. CD-Roms of digital photos from your camper's week can be purchased at the camp store. If you pre-order a CD on arrival you will save the cost of postage.

**Registering for multiple camps:** You may register for as many family or adult camps as you please. Children may only register for one youth camp (until June 1) but they may register for family camps in addition to their one youth camp.

**Event Cancellation:** All events are subject to cancellation due to insufficient registration. If an event is cancelled, full refund of payments (including registration deposit) will be made. Confirmation notices will be sent after a registration is received and accepted.

**Mission Project:** Each year, the Outdoor Ministry Committee chooses one program to focus our mission theme on. This year the OMC has chosen **Camp To Belong of Maine**. This program offers a week of camp to foster or adopted siblings being raised in separate homes. During the week we will hear from the Camps staff and volunteers. We'll pray for those separated from family and at some point in the week, will accept an offering to help send kids to Camp To Belong. You should have a conversation with your child about what, if any, might be an appropriate gift range. This gift will be withdrawn from your child's store/mission account. To find out more visit our mission page on the PL website or Camp To Belong's national website at [www.camptobelong.org](http://www.camptobelong.org). Our mission page also has information on how programs are chosen for those who have a worthy project to suggest for future years.

# IT'S ALMOST TIME FOR CAMP!



## WHAT TO BRING:

- casual relaxing clothes
- warm clothes for cold days
- warm sleeping clothes
- rain gear
- shorts
- jeans
- sweatshirts
- Bible
- notebook or stationery and pen
- bathing suit
- beach towel
- beach footwear
- musical instruments
- 1 nice outfit (not *too* formal)
- bathroom items (towels, washcloth, soap, toothbrush, floss, comb/brush etc in an easy to carry bag or bucket)
- sleeping bag or bedding
- pillow
- comfortable sneakers
- flashlight
- laundry bag
- insect repellent (non-aerosol please!)
- a good book
- sunscreen (SPF 30 or more)
- water bottle with camper's name written on it
- items listed in your Deans' letter
- money for store/mission

## Personal items policy:

Campers are free to bring personal items such as musical instruments, (larger instruments usually are left in the lodge), compact discs, and sporting equipment provided their name is written on the item. The Maine Conference, United Church of Christ is not responsible for lost, stolen or broken items.

## Health Forms:

See page three of the Family Camp guide to determine which portion of the health form needs to be submitted. Minors at Grandparent's camp, and minors who are not accompanied by a parent or legal guardian must have a doctor's signature and a parent or legal guardian's signature.

## Please do not Bring:

Alcohol or illegal drugs; weapons (including pocket knives); personal listening devices; electronic handheld games, pets; valuables; jewelry; beepers; computers; fireworks, SCUBA equipment, skate boards or in-line skates

## The Camp Store and Mission Offering

The camp store will accept cash during family camp events. campers. Ice cream is 75¢ per day. A mission offering will be taken to support Camp To Belong.

**Photo CD's:** At the camp store you can order a CD-Rom of photos of your time at camp and it will be ready for you when you leave. Photo CD's may be ordered after camp but a shipping charge is added. (note: photo CD's are not offered at "A Day At Camp")

## Mail: Please do not send food or candy

Camper's Name, camper's cabin #  
Pilgrim Lodge  
103 Pilgrim Lodge Lane  
West Gardiner, ME 04345

**Email and On-line Photos** require a \$10 per camper account set up on line. A credit card is needed. Email cost one credit, credits are available when you set up your account. Each camper needs an account set up, but if a camper attends multiple events, one account per summer will suffice.



THIS FORM IS ONLY FOR THOSE WHO DO NOT REGISTER ON-LINE

# 2008 PILGRIM LODGE FAMILY CAMP REGISTRATION

Please request a different registration form for adult and youth camps.

Mail to: Cathy Croudin - PL registrar, Maine Conference UCC, P.O. Box 966, Yarmouth ME, 04096

We're Registering For

Grandparents 1

Grandparents 2

A day at Camp

Rainbow Camp

Family Camp

**Contact - one adult (include this contact in the chart below please)**

**Name :** \_\_\_\_\_

Number of adults: \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_

Number of Children \_\_\_\_\_

Home Phone: \_\_\_\_\_

Amount Enclosed:

Cell Phone \_\_\_\_\_

\$ \_\_\_\_\_

Email address \_\_\_\_\_

Home Church (include town)  
\_\_\_\_\_

Kept private, our use only

For Grandchildren (or minor's unaccompanied by a parent or legal guardian)

Children's Names \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Parents information:

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email address \_\_\_\_\_

Please fill out the enclosed school lunch form for children only

**Participant Release/Assumption of Risk Agreement/Agreement to Indemnify &**

**Hold Harmless/Certification of Agreement:** Each person signing below understands that participation in the Maine Conference of the United Church of Christ ("Maine Conference") program can involve the risk of damage and injury, including serious injury, to both people and property. Each person signing below understands and agrees that Maine Conference, its agents, officers and employees, accept no responsibility, and will not be liable, for any injury, harm or damage to his/her person or property (including, but not limited to, injury, harm or damage caused by negligence of Maine Conference, its agents, officers or employees) occurring during or arising out of participation in any Maine Conference program. To the fullest extent permitted by law, each person signing below agrees to assume all risk of injury, harm or damage to his/her person or property arising during or in connection with said Maine Conference program. Each person signing below hereby releases and agrees to indemnify and hold harmless Maine Conference, its agents, officers and employees, from any and all liability, actions, damages and claims of any kind and nature whatsoever for any injury, harm or damage to his/her person or property (including, but not limited to, injury, harm or damage caused by negligence of Maine Conference, its agents, officers or employees) that may arise or occur during or in connection with said program. Each person signing below has read through all the rules, regulations and policies contained in the Pilgrim Lodge 2008 Parent Guide. Each person signing below further understands and agrees to abide by these rules, regulations and policies at all times. In addition, each person signing below is aware that a list of camper names is distributed to event participants at the end of camp. Each person signing below permits the Maine Conference to use images of me or my child taken at Pilgrim Lodge or its camp trips in promotion of Maine Conference programs, including, but not limited to, future camp brochures, promotional slide shows, video presentations and the Pilgrim Lodge website.

Individual's Name	Birthday	Gender	Relationship (son, granddaughter etc)	Camper Signature attesting to above "Certification of Agreement"	PARENT of minor attesting to above "Certification of Agreement"

Last year Pilgrim Lodge received over \$3000 in funding from the school lunch program. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs.) To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or



# Directions to Pilgrim Lodge

## Traveling North:

From the Maine Turnpike (Interstate 95) take **exit 102**, turn **Right** onto Route 126.

**OR** From **I-295** take **exit 51**, turn **Left** on Route 126.

Follow Route 126 about 2.5 miles. / turn **RIGHT** onto "Spears Corner Road at the blinking light) /Continue straight for 4.3 miles, (through 2 stop signs) to a third stop sign: **Careful: cross traffic does NOT stop at any of the three stop signs**/ At that third stop sign turn Left onto Neck Road/ Pilgrim Lodge will be one mile ahead on your Right.

## Traveling South

From **I-95**, take exit **109 B** onto **Route 202** west. Follow below

Traveling West: Travel through Augusta on **Route 202**, cross over **I-95**

(South and west continued:)

After 2.5 miles, (by the Manchester Citgo), at the stoplight where route 17 turns right (don't turn right) and 202 goes straight (don't go straight) turn **LEFT onto Pond Road** / Proceed South for about 6.5 miles. Pilgrim Lodge will be on your right.

Traveling East: Take 126 from Lewiston to Litchfield. At the blinking light with "Litchfield Country Store" on your right, Turn **LEFT at Batchelder's Corner** (The post office should now be on your right) / Drive about 2 miles/ Turn **LEFT onto Neck road**/ Pilgrim Lodge will be in 2 miles on your left.

