

Deans Letter  
Middler Spirit

Hello wonderful Middlers!

We are so excited to spend a week with you at Pilgrim Lodge this summer! We are your Deans: Elena and Becca! Elena lives in New York City and dances flamenco and is excited to get back to the boardwalk and listen to the loons! Becca lives in Massachusetts, is learning how to garden, and can't wait to be on the lake with you all! We are both longtime PL enthusiasts who love to have fun, sing silly songs, read books, knit, and so much more! Below is some helpful information as you prepare for camp. If you have any questions don't hesitate to reach out to the camp office!

### **What to expect:**

- Summer camp fun: we'll have time each day to swim, boat, craft, explore nature, or hang out!
- Each day we have fun engaging worship in the morning (chapel) and in the evening (vespers).
- During our week you'll have time to connect with campers in your cabin as well as another group, Family Group. We'll do group building challenges, explore our theme for the week, **Linked in Love**, and play games!
- Arguably, most importantly, we will have ice cream time every afternoon!
- At the end of the week we have a "fancy dinner" and dance as well as a talent show!
- Once again, this summer we will be sharing the camp with another group: Senior High! This is our high school-aged camp. Our camps will mostly operate separately while sharing the space, but there will be some intentional shared time. For example, we will eat meals together, have Option Time together, and perhaps have some camp wide game of capture the flag or other such fun. :)
- Most of all, this is a week to be in nature with friends, take a deep breath, and have fun!

### **Important Details:**

- When do I arrive: Between 2-3 PM on Sunday, July 14
- When do I leave: Between 9:30-10:30 on Saturday July 20 (families are welcome to attend our Closing Circle at 9:30 AM)
- Summer Mission: Each year PL has a different Mission, this year it is Maine Seacoast Mission: <https://seacoastmission.org>. We'll have a presentation during the week and at that time we often collect an offering either with dollars or with items. If you would like to participate here are some ideas of what you could bring to help:
  - Clothing items (socks, mittens, hats, coats)
  - Non-perishable food items (pasta, tuna, peanut butter, jelly, etc)
  - Games, cards, crayons, play dough, matchbox cars
  - Personal hygiene items (soap, shampoo, toothpaste, etc)

- Monetary gifts or gift cards (gas stations, walmart, etc.)
- What should I bring:
  - 7-8 days worth of summer clothes
  - Pajamas
  - Undergarments
  - Sweatshirt and sweatpants
  - Flip flops for swimming or boating activities
  - Close toed shoes--sneakers
  - Crocs or other sandals
  - Rain jacket
  - Fancy Dinner outfit
  - A white t-shirt or other white clothing for possible tie-dying
  - Bedding: either a twin sheet set and blanket or a sleeping bag
  - Pillow
  - Towels, for swimming and showering
  - Deodorant, soap, shampoo, and other essential toiletries
  - Toothbrush and toothpaste
  - Reusable water bottle
  - Book, if you like to read
  - Flashlight (it's dark in the woods!)
  - Bug spray or repellent
  - Sunscreen, sunglasses, hat
  - Money if you want to buy things at the camp store, have ice cream during ice cream time, or want to give to the summer Mission.
  - Any prescribed medications. The nurse will collect all medications at the beginning of the week and they have many over the counter medications as well.
  - Any journaling or crafts or musical instruments for fun or for the talent show at the end of the week!
  - Please **do not** bring a cell phone--we'll have you give it to the adult dropping you off, or we'll keep it safe for you during the week.

We'll have a fantastic week together! We'll make new friends, learn and grow together, sing fun songs, and enjoy a beautiful summer week in Maine. We can't wait to spend a week connecting with the Sacred, with nature, and with each of you!

Cheers!

Elena & Becca